

## NSS Report 2015-16

We have two NSS units no. 33 & 46 that have around 200 hundred students. *Mr Bibin Jose and Sr Dr Bindhu K Thomas* are the program officers. The units have undertaken a number of programs that help the students to have a socially committed attitude in their education. The volunteers are trained to preserve human values in their life along with the honours and titles that they achieve in their academic tenure. To accomplish this NSS organizes the following activities.

*Ajay Geo K Chacko, Mithun Raj P R, Aswathi M S, Anju V S, Athira A Ravindran, Jerlin Sebastian and Silpa Mohan* were the elected office bearers of the two units. NSS organized various *orientation programs* and *personality development programs* for the volunteers. Volunteers actively participated and benefited from the seminars.

NSS observed *anti-narcotic day* on 26<sup>th</sup> June 2015 and conducted different competitions for the students in 'Intoxication'. And the students took *anti-drug pledge*.

NSS visited the *Karunya Bhavan*, Kattikulam Mananthavady, an old age home. They interacted with the inmates, prepared food for them, cleaned the surroundings and conducted cultural activities etc. Ninety five volunteers were actively involved in the service extended to them.

Ten NSS volunteers attended the *palliative training* and *personality training programs* organized by the University of Kannur.

NSS observed *NSS day* on 24<sup>th</sup> September 2015 by distributing message cards and sweets within the campus.

*Blood donation and detection camp* was conducted in the college in association with District Hospital Mananthavady. Forty volunteers donated their blood to the blood bank of the hospital. Our students donated blood regularly to patients when the need arose.

NSS has taken the responsibility of preserving the *campus green*. It has planted different saplings in and around the campus and protects them. It also extends support to maintain college garden.

NSS is having a *vegetable garden* in the campus. Volunteers are actively involved in the garden activities in holidays and evenings.

NSS regularly do the *poster exhibitions* in its Notice board which deals with the current issues and problems of the society.

NSS is actively participating in *campus cleaning activities* along with other clubs and associations in the campus. It also extends strong support to make the *campus plastic free*.

The annual camp '*OLI*' was conducted by our units in the St Catherine's HSS Payyampalli campus with special focus on empowerment programs.

Five volunteers actively participated in *Clean Mananthavady* organized by Municipality of Mananthavady on 12<sup>th</sup> March 2016. Thereafter they cleaned the Gandhi statue at Mananthavady town.

The two units have conducted various programs like *nature camps, quiz competitions, gender equity, legal awareness, etc.*

Apart from these the volunteers extend their support to all the programs conducted within the campus and also in social activities. The principal *Dr Savio James* and the team support the NSS activities wholeheartedly.